



Auburn Girls
HIGH SCHOOL

Learn Lead Succeed

ISSUE 1 • APRIL 2020

AGHS Success Acknowledged



In these troubled times, it is so very nice to have something positive to celebrate. AGHS would like to thank our local MP Lynda Voltz for the Community Recognition Statement, acknowledging our school in NSW Parliament. Lynda is the Member of the Legislative Assembly, Member for Auburn, Shadow Minister for Police and Counter Terrorism, Shadow Minister for Sport and Recreation and a Member of the Australian Labor Party.

We thank Lynda and are most grateful and appreciative of her support.

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CHECK OUT OUR WEBSITE!

www.auburng-h.nsw.edu.au/



Principal's Report

Coronavirus Pandemic and our School

As I write my message to you (30th March 2020) it is hard to believe that the Coronavirus Pandemic we are currently facing as a state, national and global community is actually real and the way it is impacting on our lives.

For me, it has been incredibly heart-warming to see all members of our school community, teachers, students, parents and community members each doing their part to be caring and supportive of each other while we work to get through these difficult times.

To ensure the continuity of learning for our girls from 9th March our school put in place a Pandemic Management Plan as preparation for the sanitary measures required as well as preparation for remote learning.

The school has ample supplies of soap, hand towels and toilet paper. Extensive and repeated messages of handwashing and social distancing were issued to students and staff as well as information about the virus. All official information has been passed onto parents, students and staff as soon as it was available.

Tapping in on the expertise of our teachers experienced in Google Classrooms, we ensured ALL teachers attended professional learning during Week 8 to develop the skills and confidence required to be able to teach remotely. I thank our Deputy Principal Ms Jenny Minogue for her expertise in this area. When it was announced by the Department that remote learning was to begin, AGHS was well prepared to begin virtual classrooms with hard copies of work also available. Currently, rotating teams of teachers are working from home to ensure the safety of students and staff at school.

Within Google Classrooms we have posted specific information on teaching and learning tasks and assessments to each year group. In summary, for Years 7-11 all test type tasks will be completed at home as learning tasks and submitted in the set time. Assignments are to be submitted as normal online or



Our teachers following social distancing measures during a communication meeting 27th March 2020.

hard copies handed in to the Front Office.

Parents, we seek your support to ensure that the girls are engaging with the work their teachers are posting. If there are any issues with access to technology or internet please contact your daughter's Deputy Principal and we will provide support. Staff will be contacting parents and students if there are concerns about work or wellbeing. Never has it been truer that a partnership between students, parents and teachers is integral for each student to have a successful education.

For our Year 12 cohort, these are especially challenging times. As per NESA requirements all hand-in tasks will be submitted online or by hard copy to the Front Office on the due date. With practical tasks or tests the students will complete those by attending school for the timetabled sessions only. Social distancing measures will be strictly applied. Normal misadventure procedures will apply for sick students. Students must contact Ms Heemi for advice

Important!

NAPLAN FOR YEARS 7 & 9
has been cancelled.



if there are difficulties with medical certificates or any other issues.

Extensive information has been posted to Year 12 students on Google Classrooms on assessments and to reassure them. Our girls' education with continuity of learning and wellbeing is central to all decisions. Please be reassured that while we are attempting to keep to "normal" processes, we are assessing information from NESA and the DoE constantly. I will make decisions to ensure fairness and reduce the negative impact of this situation on our girls as much as possible as the situation evolves.

Please be reassured that our school is well placed to respond to the challenges we face in providing continuity of learning for all our students and ensuring their education is not jeopardised. While no-one knows when or how this Pandemic will end, we will communicate with you vital information as soon as it comes to hand. The SMS system has been overwhelmed and at times, slow/not working so we will post to Facebook and Skoolbag.

Congratulations Dr Zehra Alsultany... a Graduand from Auburn Girls

I would like to continue this newsletter by sharing the most wonderful story of Dr Zehra Alsultany who graduated from Auburn Girls High School in 2012 with an ATAR of 98.45. She recently graduated from Western Sydney University – with a Bachelor of Medicine/Bachelor of Surgery and is currently working at a major Sydney hospital.

Zehra's message to our students is, "In 2020 I have finally realised my dream of becoming a doctor! I would like to let all the wonderful young ladies at Auburn Girls know that whatever they wish to become in the future can be achieved through hard work and dedication, as well as through the use of the greatest resources at their disposal, their lovely teachers! Have fun, but don't take your eyes off the prize, and good luck!"

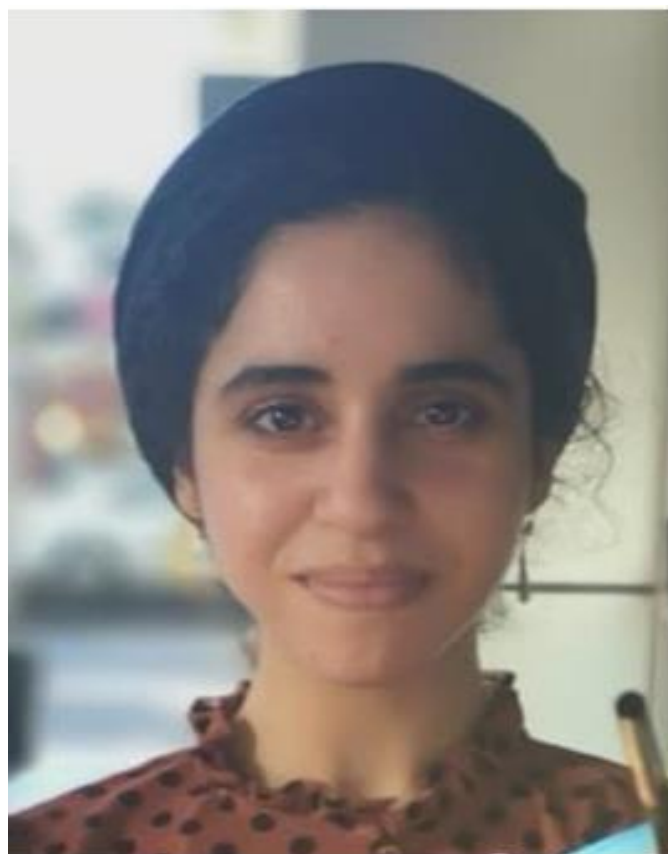
Zehra would like to acknowledge and thank her teachers:

Mathematics 2unit and Extension 1 – Ms Fidanboy

Chemistry – Ms Scariot

Biology – Ms Safarik

English – Ms Richardson



Legal Studies – Mr Pico
Modern History – Mr Chami

Congratulations to Dr Zehra Alsultany, we are incredibly proud of your achievements and thank you for serving our community as a medical professional during this pandemic.

Thank You

I would like to thank our dedicated staff for their outstanding commitment to our students' learning as well as their care and concern. I would like to acknowledge and thank them for their support of our school and me, in my role of principal, as these difficult times unfold. Their smiles brighten my day, warm my heart, encourage me to keep going and remember that this will end and better times are ahead for all of us.

In gratitude for the support from staff, students, parents and our community.

Anna Tsoutsas
Principal

Deputy Principal's Report – Years 7 and 8

As we finish up Term 1 of 2020, I would like to thank all teachers, students and parents for making me feel so welcome at Auburn Girls High School. Although it has been an eventful and uncertain term, I am impressed at how responsible, resilient and engaged our students have been. Their optimism and energy is an incredible resource and we look forward to these attributes being harnessed throughout the year.

Welcome to Year 7 Students and Families

Our Year 7 students have now transitioned to Auburn Girls and are operating well as High School Students. Within the first few weeks they learnt how to read their timetable, navigate the school and pack their bags with all the resources they need to learn on different days. By the middle of the term, Year 7 teachers were impressed with how well the classes had settled and engaged in their learning.

Thank you to all the parents and caregivers who attended our Year 7 Information Session. It was great to meet you and talk about all the opportunities in learning. We encourage you to remain involved and in touch with the school, attending our P&C meetings when normal operations resume.

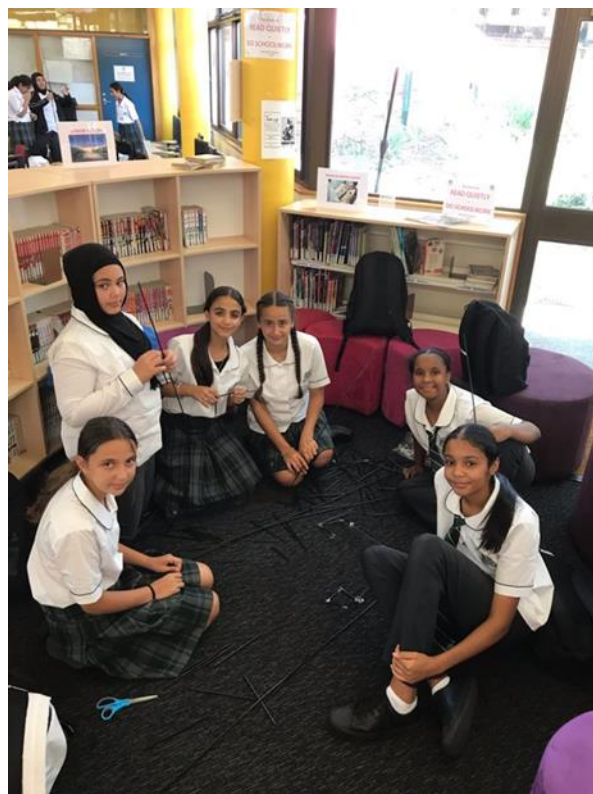
Although we are disappointed to have had to cancel our Year 7 Camp, we are confident that throughout the year the girls will develop strong bonds and social connections through a range of wellbeing programs.

On the right are some photos of our new Year 7 students.

Transition to Remote Learning

All aspects of our school community have transitioned to Remote Learning within a very short period of time. This has required teachers, students and parents to learn new skills, adapt to online programs and find innovative ways of teaching and learning. Throughout this period, our students have a unique opportunity to develop a sense of independence in their learning. As teachers, we are really looking forward to guiding our young learners while they develop autonomy in their learning. We are already so proud at how well you have adapted and look forward to supporting you through this very different model of learning.

Ms Minogue
Deputy Principal Years 7 & 8



Years 9 and 10

As Term 1 comes to an extraordinary end, I would like to thank all staff, students, parents and members of the school community for their understanding of the current situation and their support for our school and the students' learning during this very difficult time. I welcome all students back to school for 2020 but I would like to especially welcome the many new students who started at AGHS in 2020.

Positive Education

Students in both Stage 4 and 5 were fortunate enough to participate in workshops run by Unleashing Personal Potential (UPP) in week 4 of this term. This is a company that AGHS is working in partnership with in 2020 to deliver our Positive Education program. All of the students participated with enthusiasm and the presenters from UPP were impressed with our students' energy and willingness to participate in the activities that were part of the workshops. The workshops were based around concepts of Positive Education such as; The elements of PERMAH, Growth Mindset, Grit and Wellbeing.

Cyber Presentations

During Week 7, Anne Ferfolya our Police Youth Liaison Officer visited our school and delivered cyber-safety presentations to all of our students from Year 7 to 10. Anne is a tremendous asset to our school and delivered up to date information and advice to the students.

Year 10

The students in Year 10 made a seamless start to 2020 after 'rolling over' into Year 10 for the last five weeks of 2019. There have been some outstanding performances by many students on the first set of assessment tasks in 2020 and the level of commitment to learning in class has been very good across the year. A serious commitment to learning in Year 10 is the vital final step in setting a solid foundation for success in Stage 6 and beyond.

Year 9

It has been great getting to know many of the students in Year 9. During my regular visits to class I have noticed the vast majority of the year are hard-working, committed students who are eager to learn. I am always impressed at the interesting and varied learning opportunities the staff at Auburn Girls are regularly providing our students. All of the girls should be settled in to their elective subjects by now and are hopefully putting in as much effort as they can so they gain as much knowledge as possible in these areas as well as the core subjects.

Term 1 Merits

The following students have achieved merit badges this term. Each level requires 20 Principal Gold Awards. A well-deserved congratulations goes to the following students:

White Merit Badge

Alaa Al Hussein – Year 9
Sajeda Faiaze – Year 10
Bronze Merit Badge
Mahnoor Sahibzada – Year 9
Layal Charif – Year 10
Badia Baghdadi – Year 10

Silver Merit Badge

Hiba Hussain – Year 9

Gold Merit Badge

Areeba Haq – Year 9
Safiyyah Khan – Year 10



Years 11 and 12

Welcome to a new school year and decade, and a very interesting one at that. As we have moved to online teaching, we understand the uncertainty of what the next few months may bring and how the senior cohort may feel that their lives have been thrown into vagueness. All senior teachers, along with the senior support team comprising of Ms Tsoutsas, Ms Heemi, Ms Matta, Ms Amr, Ms Khairallah, Ms Young and myself, have been working tirelessly and devotedly to ensure that remote learning is as smooth as possible for all our senior students.

Year 12 have now completed the first semester of their final year of secondary schooling and most have now also completed 50% of their school assessments for the HSC. This holiday period the girls need to know that teachers will not be checking in on Google Classrooms giving students space to consolidate their learning by summarising all their notes and doing general study but most importantly ensuring they have lots of time to relax and recharge. Year 11 have settled into their senior studies pattern and have just finished their first assessment tasks for most of their subjects. The same goes out to this cohort that they also need time to take a breather and relax.

Ms Garvey has created a digital planner which Ms Heemi has sent out to all senior students to help them organise their time and hopefully help students to not feel quite so overwhelmed. We have also gathered data with respect to technology, data usage and access to Google Classroom to make Term 2 more seamless in terms of remote learning. All students need to be aware that they can contact Ms Heemi or me via the Department email whenever they have any questions or issues as well as their teachers and the senior support team. Please be assured we are working hard to make the current system fair for all.

I would like to congratulate the new Year 11 student leaders and SRC who were recognised at an induction assembly. They pledged to uphold the values of AGHS and become active citizens and leaders in all spheres, both within and outside of school.

Year 11 Leaders

Yasemin Elbayli

Rodah Elemam

Elody Gache

Melissa Ho

Tahmina Rahimy

Fatema Safdari

Lastly, I miss all the smiles, chatter, giggles and even the cheekiness of our students.

Remember a positive attitude lets you relax, remember, focus and absorb information as you learn. You're ready to welcome new experiences and recognize many different kinds of learning opportunities. And when you can see opportunities, hope increases.

Ms Diamond

STUDENT OF THE MONTH - FEBRUARY

Zagawar LWIN Year 12

Zagawar is a diligent student who is to be commended on her efforts across all facets of school. She has an active role in the leadership team as a Prefect & has been involved in numerous activities including International Woman's Day, Iftar Night and Breakfast Club.

Zagawar displays a conscientious approach to her studies and often volunteers her time to assist in charity and fundraising events such as the St John's Nursing Home Christmas Appeal and fundraiser for CanTeen and Year 12 Valentine's Day.

She is a true role model for Auburn Girls High School as she has an exemplary attendance and behavior record and consistently wears the school uniform with pride. Zagawar is a kind and considerate student who is to be congratulated on receiving student of the month for February.

SRC Leaders

Year 7

Hiam Ghemraoui

Mahasin Soneji

Raina Raya Khan

Ganga Kumar

Year 10

Roba Gorieshi

Asmaa Ayoush

Fariha Mahjabine

Fatima Sohrabi

Year 8

Najiya Afran

Tabina Taj

Serene El Chami

Maryam Hadi

Year 11

Amaine Charouk,

Fahranaz Asad Ullah,

Muna Mohamed

Masooma Jafari

Year 9

Zaina Elemam

Riehana Bayani

Deborah Oo

Zohara Kazimie

Year 12

Hayley Pino

Fatima Hussaini

Rezwana Anwari

Setara Nadiri

School News

CMRC

Last December I accompanied Year 12 student Farishta Asad Ullah to the Granville Community Migrant Resource Centre for the first ever CMRC Youth Awards Night to recognise the work of volunteers in our community. It acknowledged incredibly hard working, dedicated, determined young people and their support, and the opportunities that are created specifically through that extra willingness to make a difference. Farishta, (right) who also happens to be a very accomplished student at our school, came runner up in the Dream Team of Youth Volunteers.

It was a privilege to share such an important achievement with Farishta, in an event where music, dance and games allowed us to meet many members of the community including a past student from AGHS.

Silvia Kinloch

Head Teacher EALD



Year 12 Valentine's Day Fundraiser.

Leadership News

Our wonderful Year 11 and 12 leaders and SRC represented the school at various International Women's Day breakfasts held in early March.

The Zonta International breakfast was a grand affair - with over 250 guests at Bankstown RSL to celebrate the work of the charity that Auburn Girls' High School is currently partnered with.

Our target is to raise \$5,000 to pay for 500 birthing kits to enable women to give birth safely and cleanly. Our leadership teams have been working hard at a range of events to ensure we meet these targets.

Ms Nolan





International Women's Day at AGHS



IMPORTANT DATES

TERM 1

WEEK 11

9 April, 2020
Last day of Term 1

TERM 2

WEEK 1

27 April, 2020
Staff Development Day
28 April, 2020
ALL students resume work

WEEK 2

7 May, 2020
Iftar Night

WEEK 3

12-14 May, 2020
NAPLAN for Years 7 & 9

WEEK 4

20 May, 2020
Zone Cross Country

WEEK 5

27 May, 2020
P&C Meeting

WEEK 7

10 June, 2020
Year 11 & 12 Parent/Teacher
Night

WEEK 8

19 June, 2020
Zone Athletics

WEEK 9

24 June, 2020
P&C Meeting

WEEK 10

3 July, 2020
Last day of Term 2

TERM 3

WEEK 1

20 July, 2020
Staff Development Day
21 July, 2020
First day of Term 3 for
students

English/History Faculty

Term 1 has been a very busy one with a few changes in the English/History Faculty. Ms Basilli returned from leave but has decided to take up a new career and we are very sad to see her go. Mr Brackenbury also decided to resign and he is a big loss to our Faculty and the school. I am also leaving at the end of Term 1 after 24 enjoyable years at Auburn Girls' High school as I transition into retirement. Ms Schwiebert will be Relieving Head Teacher in my place for the remainder of the year.

Debating has been cancelled for the moment due to COVID-19 and so our teams have not had a chance to debate this year. They have been lucky enough to have had lessons after school with a debating coach so it is a shame that they have not been able to practice their new skills.

Year 9 English have had their first multimodal assessment task – creating a book trailer based on the novel they studied in class. Our students have come up with some amazing book trailers so they are to be congratulated on their new technological skills. An example of one frame from a book trailer on 'Parvana' is below.

Year 8 English have just completed speeches on newspaper articles. Year 7 have been looking at Technology in English and students completed a speech on technology as their assessment task on the topic. On the right is a short story on the dangers of technology from a student in 7EB. As we now move to online lessons at home through Google Classroom, I hope that all students will take the work uploaded seriously. Doing lessons from home works best if you follow a timetable – why not continue to follow your existing timetable? Also remember to only make appropriate comments online – you are in a classroom when you do make comments and they need to be appropriate.

I hope everyone enjoys their holidays and that school will resume normally sooner rather than later

Technology

Back in the days, technology didn't have as much of a reputation as it does now. No one cared much about technology but everything's changed now, especially for a girl named Sam.

Sam was just a normal teenager until the day she started being active on social media. She thought it was cool because all her friends had it too. Though one day, someone named Emily added her saying she was looking for girls to model for her – well that's what Sam thought she was. Emily was not really a girl – it turned out that she was a 19-year-old boy wanting Sam to send him photos. He asked Sam for the photos, Sam believed him and sent the photos.

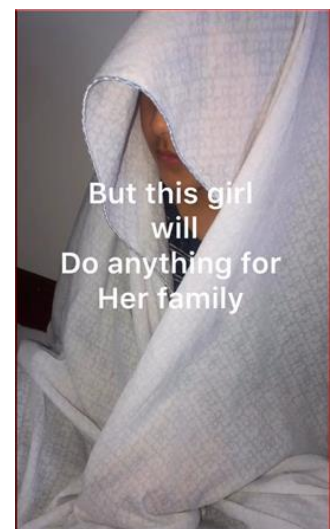
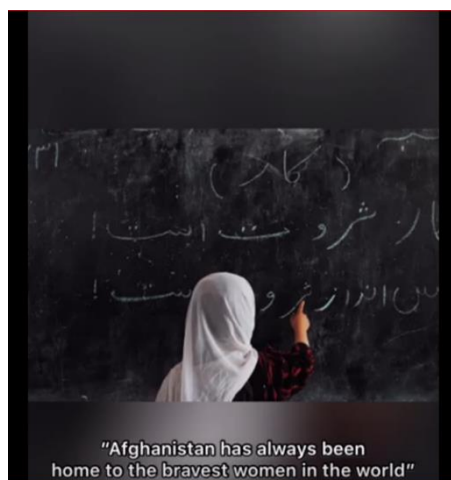
The next day when Sam walked into school, everyone was laughing at her; it turned out that the boy leaked her photos. Sam was embarrassed; she called her mum and asked her to pick her up. She was also reported to the police when a teacher found out. After this situation, Sam moved schools and deleted all her social media.

In conclusion, technology can be very bad, especially when you are unaware of what you're doing and who you are talking to.

and that everyone remembers to wash their hands and keep their social distance.

Mrs C Richardson

Head Teacher, English/History Faculty



Support Unit Faculty

A very warm welcome to all our Support Unit 2020 families, both new and returning.

I am really looking forward to working together to maximise the learning wellbeing and transition outcomes for our students.

Year 7 are off to a cracker start and it has been so lovely hearing their thoughts and feedback on High School so far.

A reminder to the parents of all our students that we can provide financial assistance for all student needs, including equipment, uniform and excursions as required. Please contact the school for confidential advice and support and don't forget our school day begins at 8:45am and all students should be on site by that time.

Teachers at Support Unit are highly committed to maintaining communication with parents/ carers and we ask that you:

- Provide up to date contact details such as email address, home phone, parents' mobile phone numbers and postal address.
- Read the newsletter. Please subscribe via our website
www.auburng-h.school@det.nsw.edu.au

Message for all our students

I hope you, your family and loved ones are safe during this unprecedented time, as the growing impact of COVID-19 is felt around the country and across the globe.

I want to provide you with an update on how we are approaching the situation in the Support Unit and how we will endeavour to stay connected with you. We created a google class for our senior students and we will upload all lessons and assignments the students need to do, also we have handed out booklets for English ,Maths and Science in case you don't have access to the internet or a laptop.

Finally, I would like to wish all staff, students and our community an enjoyable and relaxing holiday period and I look forward to another successful term in 2020.

Amany Saleh
Head Teacher Support



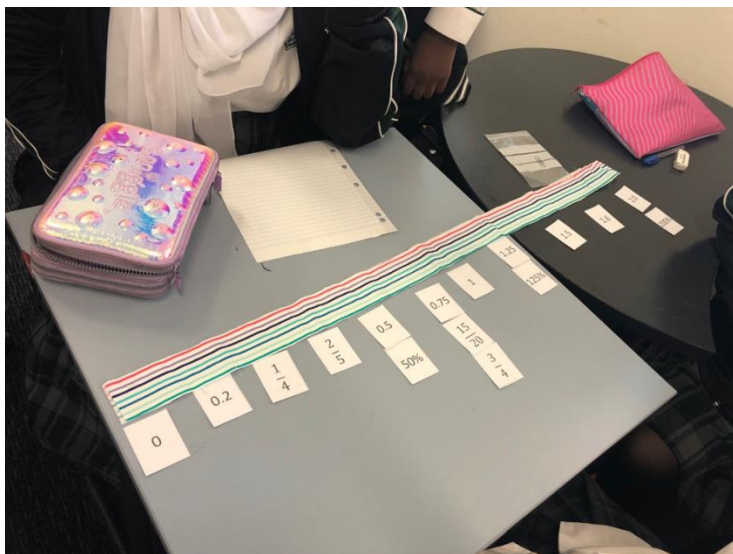
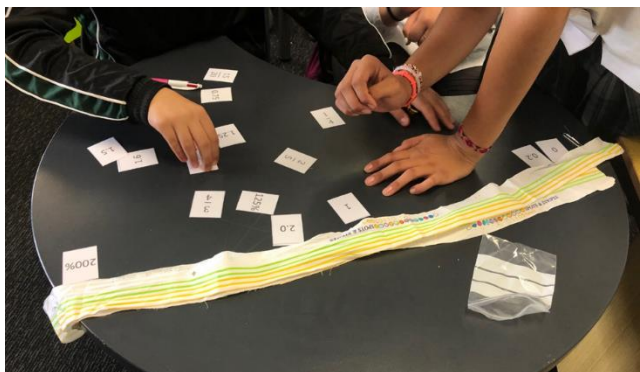
Students are advised to revise during the upcoming school break. Each student has received a scope and sequence and assessment schedule. They also have access to Mathsonline that can help them prepare for their next assessment task.



Mathematics Faculty

A variety of activities and events were organised to promote the importance of Mathematics.

Year 7 and 8 did a practical group lesson and sorted fractions, decimals and percentages and placed them in order as can be seen below. It was not as a easy task as one would have expected.



Year 9 studied and learnt about Ratio & Rates, Algebra and Indices. 9MATS, 9MATE and 8MATX did an assignment, prepared a lesson using PowerPoint and video, and uploaded it.

How to solve a decreasing ratio problem: Method 1 and 2

Example:
1) Decrease \$20 in the ratio 4 : 3

This question can be rewritten as:
Complete the equivalent ratio 4 : 3 = 20 : ____

Solve: Method 1

4 : 3 = 20 : ____

$= 4 \times 5 : 3 \times 5$

(Since $20 = 4 \times 5$, we must multiply 3 by 5 as well)

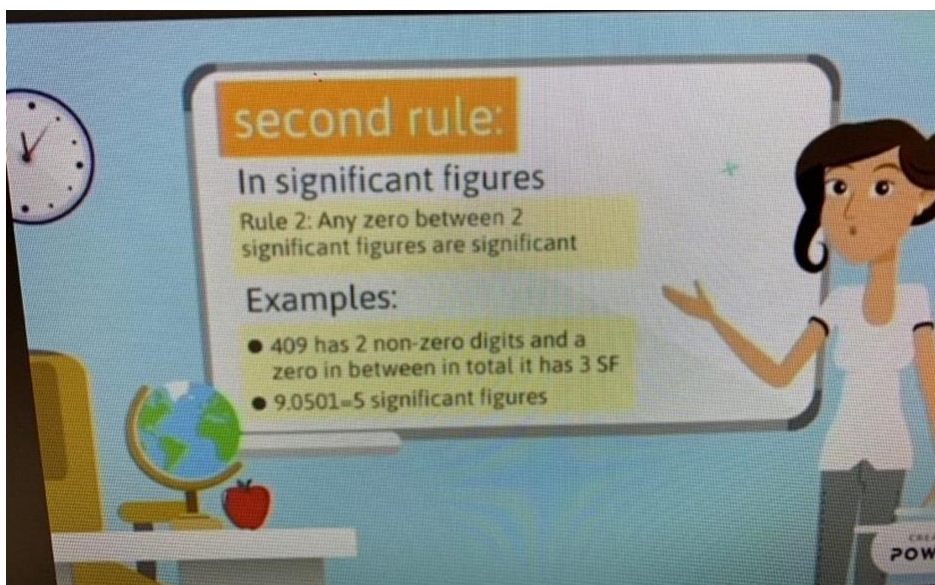
$= 20 : 15$ ANSWER: 15

Method 2:

$\frac{4}{3} \times \frac{20}{4} = \frac{20}{3}$

$= 20 : 15$ ANSWER: 15

The given unit MUST ALWAYS be placed with the higher ratio number
IN THIS CASE:
GIVEN UNIT = 20
HIGHER RATIO NUMBER = 4



ALL Mathematics classes are currently on Google Classroom (right) where teachers are busily preparing and setting work online for our students. I recommend all students do their best and if they are experiencing difficulty completing the set work they can ask for assistance.

After School Mathematics Tutoring

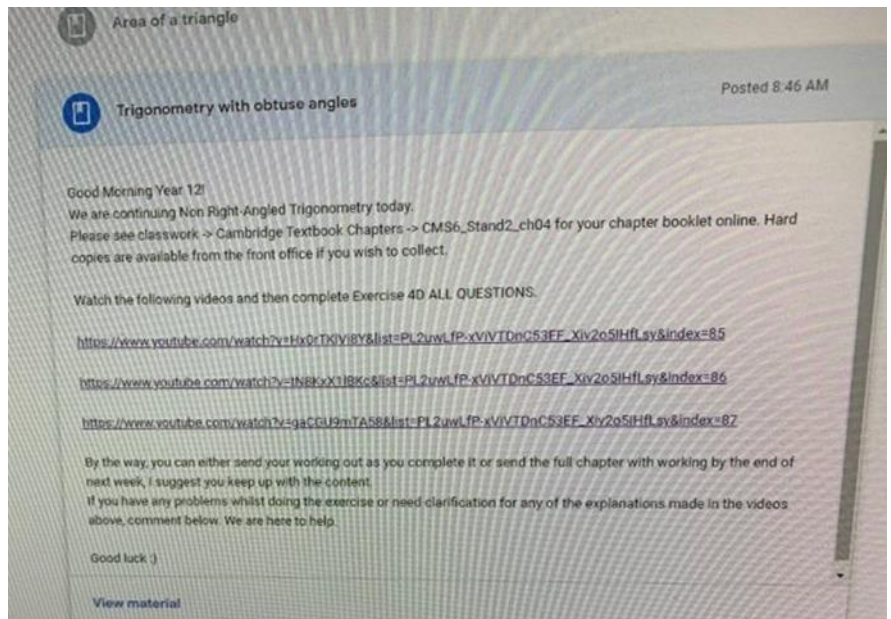
On Monday and Thursday afternoon from 3:15 - 4:15pm, the school offered free Mathematics tutoring (below right). The tutors are university students who are here to assist with Mathematics problems in small groups. **Unfortunately, this service is currently suspended until further notice.**

MathsOnline

The school has invested in MathsOnline again this year. Each student has been issued with a username and password. I recommend each student utilise this valuable resource. Students can learn at their own pace. Students can use MathsOnline to catch up on content missed or use it to move ahead.

My staff and I wish all a peaceful and safe break. If you have any problems concerning your daughter's progress in Mathematics, please do not hesitate to contact me.

Fatma Fidanboy,
Head Teacher,



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PARENTS

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TEACHERS

Library

Term 1 has been an especially interesting and busy time for the library.

We always love to encourage students to read, whether that be fiction or non-fiction, so we are pleased to announce that we have subscribed to the Wheelers ePlatform that offers eBooks and Audiobooks for borrowing. Students can log into our library Oliver catalogue in their portal from home to borrow books for reading on their computers or devices. Our online audio-visual service, TV4Education, has also been made available for students to log into for educational purposes. Students can contact staff if they need more information.

The 2020 Premier's Reading Challenge opened on March 2nd for Year 7 to 9 students. The Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. Students who complete the challenge will receive a PRC certificate, a Principal's Gold Award, win 100 points for their house and go into a raffle to win a prize. The challenge closes on August 28. Students can log in at

or find the PRC link in their student portal under the 'Learning' tab.

The library is also promoting the Whitlam Institute's 'What Matters?' writing competition. The competition is a 'catalyst for young thinkers and young writers to develop a perspective, a point of view, on



where we're heading as a society'. Details can be found at <https://www.whitlam.org>.

We encourage students to join their public library and/or the NSW State Library online so that they can also borrow eBooks and AudioBooks and use the research databases and other digital resources. The State Library offers the 'Ask a Librarian' help service and Cumberland public libraries offer Studiosity, where tutors help students with their homework online.

AGHS Library wishes students a safe and happy holiday and we look forward to communicating with you in Term 2.

		<u>TOTAL POINTS</u>			
Auburn Girls Swimming Carnival House Points					
Batten		Cavell		Curie	Melba
154		122		414	248

PDHPE Faculty

It has been an impressive start to the school sporting calendar for 2020. Our athletes have demonstrated determination, focus and a lot of resilience. Term one commenced with a very wet beginning to the school swimming program, resulting in a competitor only school carnival at Auburn Aquatic Centre, late February. The rain did not slow down the girls in the pool or dampen spirits of their support houses. Congratulations Curie on an impressive 414 house points on the day.

Tuesday Grade Sports trials have been successful with many girls expressing their interest in participating in competitive sport for 2020. Term one grade teams have been chosen and the girls have been working with their coaches to improve both skills and fitness. Grade Sports teams managed to play 4 rounds of the competition before all school and zone sport was put on hold and then subsequently cancelled.

Knockout teams have also been training hard. Coaches of the Open Soccer team have been working with girls after school on Monday while the Knockout Volleyball team continue to train most mornings before school begins. Both teams recently played at zone gala days with many of our students being chosen to represent the Prospect Zone. Congratulations to Thakshana Suresh and Shamsia Syed Nadir for representing Prospect Zone in Opens Basketball and Yumi Cailloce, Ramsha Siddiq, Cecilia Do, Thakshana Suresh, Dehlia Kawlita, Valerie Bailey in representing Prospect Zone Volleyball. A very big congratulations to Yumi Cailloce who was picked to represent her school within the Combined High Schools State Volleyball team which has been unfortunately cancelled.

Ms Brewster



Auburn Girls High School Swimming Age Champion

***12 Years Mereoni MAREONI
13 Years Roxanna PIATEK
14 Years Melissa MAHARAJAN
16 Years Grace LAHTAW
17+ Years Aisha CHAUDHRY***

Prospect Zone Swimming Age Champion

***12 Years 2nd Place Mereoni MAREONI
14 Years 2nd Place Melissa MAHARAJAN
16 Years 3rd Place Grace LAHTAW***

Auburn Girls Knockout Competition

Open Basketball Girls defeated Arthur Philip moving into round 2.

Open Volleyball Girls defeated Parramatta during round 1 and Granville South Creative Arts during round 2.



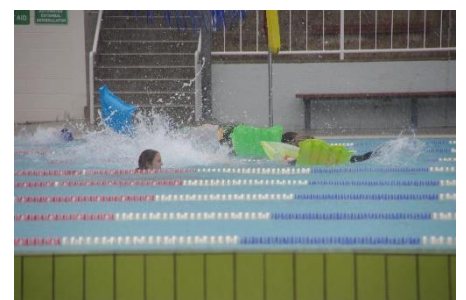
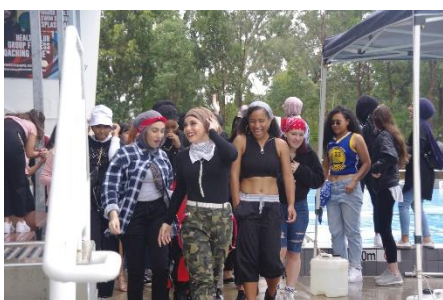
Year 12 PDHPE

On Thursday 27th February, students in Year 12 Personal Development, Health and Physical Education (PDHPE) participated in a workshop at the Australian College of Physical education (ACPE) at Homebush. The workshop linked to the HSC Core 2 Unit Factors Affecting Performance where students participated in a number of fitness tests as a subject and/or assessor. The tests addressed the syllabus dot point 'Energy Systems' and included the following:

- Sprint, Vertical Jump & Coordination testing for the ATP-PC System
- Wingate Bike Protocol testing for the Glycolytic System
- Submaximal Heart Rate testing for the Aerobic System
- VO2 Max Test (Treadmill)

It was a worthwhile day which students enjoyed and engaged positively. Special mention to Mariam Kalache and Khatira Ahmadshahi who volunteered to participate in the grueling VO2 Max test and Abigail Kara who surpassed her personal best deadlift by 15kg.

***Ms Fegan,
Relieving Head Teacher***



Parent Information

ONLINE LEARNING

It is very important that parents provide support for their children during their remote learning in the following ways:

- Establish a routine – following their existing timetable is a good idea.
- Provide a defined space for schoolwork.
- Check in to make sure they are managing their stress because it is a new learning environment.
- Monitor how long they are spending online.
- Make sure they have a break from the screen and do some physical activity.
- Keep your children socialising with friends but make sure that there are set rules around their social media interactions and that it is appropriate.

Please also make sure that they are completing their online work with integrity and academic honesty and encourage them to do their best work. It is also important for them to remember that their comments need to be something that they would say in the classroom and not on some online social platform.

STUDY SKILLS TIPS

Many students find it really difficult to cope with the memorisation that can be needed for tests and exams. Of course, you can't just rote learn and regurgitate, you need to be able to apply the skills of what you have learnt. However, there is also a certain amount of memorisation of content, formulas and definitions for example that will be necessary. So how can students make this process easier?

* Make your notes as brain-friendly as possible, point form, tables, diagrams and no big long sentences or paragraphs.

* Start the memorisation process of your notes early, don't wait until just before the test or examination.

* Memorisation involves testing yourself over and over and over and over. So read a section, then see what you can say or write down without looking. Then go back and see what you got wrong or didn't know. Put a pencil mark next to these bits.

* Now focus on the bits you didn't know. Say them out loud, repeat them to yourself, write them down a few times.

* Then test yourself on those bits again and see if you remembered more this time.

* Do this over and over and over again. Then do it one more time again.

* Make flashcards or use a flashcard App on your phone to create flashcards on the parts you find hard to remember. Review these every day before the test.

* Make a list of the key concepts you find hard to learn and each night read through them just before you go to sleep and first thing when you wake up as these are powerful memory times.

* Do lots of practise questions without looking at your notes or the answers to see if you can a) remember and b) apply the information.

* Review the things you did not remember again.

* Your job is to keep testing yourself in order to find out which bits have not stuck in your memory yet so you can review these until they do.

Learn more this year about how to improve your results and be more efficient and effective with your schoolwork by working through the units on www.studyskillshandbook.com.au. Our school's access details are in your diaries.

MAKING ONLINE PAYMENTS

It is now possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit or debit card, and can be made via a computer, tablet or mobile phone. The payment page is accessed from the front page of the school's website by selecting "\$ Make a payment" from the green taskbar at the top of the page – right hand side of the bar.

Items that can be paid include voluntary school contributions, subject contributions, excursions, sales to students and creative and practical arts activities (these include band, drama and dance). There is also a category called 'Other' this to cover items not covered in the previous headings. 'Other' can be used to make a complete payment of a school invoice.

When you access the "\$ Make a payment" you must enter:

- the students name, and
- class and reference number **OR**
- the students name, and
- date of birth

These details are entered each time you make a payment as student information is not held within the payment system.

There is also the option to enter the Student Registration Number and Invoice number if you are aware of them, these are optional fields OR there is also the option to enter the Student Registration Number and Invoice number these are not used at our school, please leave blank.

This is a secure payments system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner, these details are not passed back to the school.

For any enquiries regarding the Online Payment process please contact the School Administration Office.